Through The Night



Count: 32	Wall: 4	Level: High Improver
Choreographer: Roger Neff (March 2019)		
Music: Help Me Make It Through the Night by Die Campbells		



Alt. Music: Help Me Make It Through the Night by Sammi Smith

No Tags Or Restarts Intro: 12 counts

[1-8] LONG STEP TO R, BEHIND-SIDE-CROSS, SIDE ROCK CROSS, 1/4 TURN TO R, TRIPLE STEP TURN-ING ¹/₂ OVER R SHOULDER (9:00)

- Long step to R, Step L behind R, Step to R, Step L over R 1,2&3
- 4&5 Rock to R, Recover on L, Step R over L
- 6,7&8 Turn ¼ to R and step back on L, Triple step R,L,R turning ½ over R shoulder (9:00)

[9-16] L LOCK STEPS FWD, R LOCK STEPS FWD, STEP L OVER R, STEP TO R, SAILOR STEP WITH 1/2 TURN

- 1&2 Step fwd on L, Lock R behind L, Step fwd on L (on slight L diagonal)
- 3&4 Step fwd on R, Lock L behind R, Step fwd on R (on slight R diagonal
- 5-6 Step L over R, Step to R,
- 7&8 Step L behind R, Turn 1/2 to L and step on R beside L, Step forward on L

[17-24] SERPIENTE PATTERN, STEP TO L, CLOSE R, CROSS SHUFFLE

- 1,2&3 Step fwd on R, Step L over R, Step to R, Step L behind R
- 4&5 Sweep R behind L, Step to L, Step R over L
- 6&7&8 Step to L, Close R, Step L over R, Step to R, Step L over R

[25-32] SWAY TO R, SWAY TO L, BEHIND-SIDE-CROSS, STEP TO L, ROCK BACK, RECOVER, WEAVE TO R

- 1-2 Sway to R, Sway to L
- 3&4 Step R behind L Step to L, Step R over L
- Step to L, Rock back on R, Recover on L 5.6&
- 7&8& Step to R, Step L behind R, Step to R, Step L over R

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