Count: 64 Wall: 2 Level: Intermediate
Choreographer: Juliet Lam (USA) Sept 2015
Music: Lose My Mind by Brett Eldredge (101 bpm)

## Intro: 16 count on vocal (Approx. 9 seconds)

## Special thanks to Ann Pettit for suggesting this track!!!

Sec 1:Side Touch, Side Kick, Behind Side Cross, Side Touch, Side Kick, Behind, 1/4 R, Forward

Step right to right side, touch left next to right, step left to left side, kick right diagonally forward
3\&4 Cross right behind left, step left to left side, cross right over left
5\&6\&
7\&8 Cross left behind right, make $1 / 4$ turn right, step right forward, step left forward (3:00)
** Restart \#2 here on Wall 4 (Substitue counts 7\&8 to Behind Side Cross, w/o turning)

Sec 2:Syncopated Rocking Chair, Lock Step Forward, Syncopated Rocking Chair, Step, 1/4 R, Cross
1\&2\& Rock forward on right, recover on left, rock back on right, recover on left
3\&4 Step forward on right, lock left behind right, step right forward
5\&6\& Rock forward on left, recover on right, rock back on left, recover on right
7\&8 Step left forward, pivot $1 / 4$ turn right, cross left over right (6:00)
*Restart \#1 / Tag here on Wall 2

Sec 3:Syncopated Vine Right, Behind Side Cross, Skate, Skate
1-2\& Step right to right side, step left behind right, step right to right side
3-4 Cross left over right, step right to right side
5\&6 Cross left behind right, step right to right, cross left over right
7-8 Skate right forward, skate left forward

Sec 4:1/4 Right, 1/4 Right, Sailor Step, Behind Side Cross, Big Side Step, Slide Together Pop Knee

Make $1 / 4$ turn right, step right forward, make $1 / 4$ turn right, step left to left side side (12:00)
3\&4 Cross right behind left, step left to left side, step right to right side
5\&6 Cross left behind right, step right to right side, cross left over right
7-8
Big step right to right side, slide left and then step left together right popping right knee forward

Sec 5:Walk, Walk, Shuffle Forward, Touch Forward, Touch Side, Sailor 1/4 Left
1-2 Walk forward right, left

## Sec 6:Out, Out, In, In, Syncopated Out, Out, In, In, Bounce Heels

Step right forward to $R$ diagonal, step left forward to $L$ diagonal, step right back, step left next to right Step right forward to R diagonal, step left forward to $L$ diagonal, step right back, step left next to right
$7 \& 8 \quad$ Raising heels up \& bouncing heels three (3) times (Ending weight on left)
Sec 7:Side Shuffle, 1/4 Left Side Shuffle, Jazz Box
1\&2 Step right to right side, step left next to right, step right to right side
$3 \& 4 \quad$ Make $1 / 4$ turn left, step left to left side, step right next to left, step left to left side (6:00)
5-8 Cross right over left, step left back, step right to right side, step left forward
Sec 8:Tap Right Heel X 2, Behind Side Cross, Tap Left Heel X 2, Behind Side Cross
1-2 Tap right heel forward twice to right diagonal
3\&4 Cross right behind left, step left to left side, Cross right over left
5-6 Tap left heel forward twice to left diagonal
$7 \& 8 \quad$ Cross left behind right, step right to right side, Cross left over right (6:00)

## Start Again \& Enjoy!

*Restart \#1 / Tag : Wall 2 begins at 6:00, dance up to count 16, adding the Tag.
Tag (4 count):
1-4 Walk around full turn right in a circle, right, left, right left.
Restart the dance from the beginning facing 12:00.
**Restart \#2 : Wall 4 begins at 6:00, dance up to count 6, then do below 7\&8.
7\&8 Cross left behind right, step right to right side, cross left over right
Restart the dance from the beginning facing 6:00.

Ending: Wall 6 begins at 12:00, dance up to count 22, cross unwind 1/2 turn right facing 12:00

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