Count: 32 Wall: $4 \quad$ Level: Intermediate
Choreographer: Kate Sala
Music: `The Boy Does Nothing' By Alesha Dixon

Start after a slow 32 count intro on the words 'Wash up'.
Section 1
Cross Mambo, Cross \& Heel, Forward Mambo, Hip Bumps Back.
1 \& $2 \quad$ Cross rock on $L$ over R. Recover on to R. Step $L$ to $L$ side.
3 \& $4 \quad$ Cross step $R$ over $L$. Step $L$ to $L$ side. Dig $R$ heel forward to $R$ diagonal.
\& 5 \& 6 Step R in place. Rock forward on L. Rock back on R. Step back on L.
7 \& 8 Step back on R bumping the hips back, forward, back.
Section 2
Sailor Step 1/4 Turn L, Ball Step L, Tap In, Step R, Cross Mambo With 1/4 Turn L, Step Pivot 3/4 Turn L, Step R.
1 \& $2 \quad$ Cross step $L$ behind $R$. Turn $1 / 4 L$ stepping $R$ in place. Step $L$ to $L$ side.
\& 3 \& 4 Step on ball of $R$ next to $L$. Step $L$ to $L$ side. Tap $R$ toe next to $L$. Step $R$ to $R$ side.
5 \& $6 \quad$ Cross Rock on L over R. Recover on to R. Turn $1 / 4 \mathrm{~L}$ stepping forward on L .
7 \& $8 \quad$ Step forward on R. Pivot 3/4 turn L. Step R out to R side.
Section 3
Weave R, R Back Lock Step, Step Forward, 1/2 Turn R, Diagonal Forward, Side, Back.
1 \& $2 \quad$ Cross step L behind R. Step R to R side. Cross step L over R.
3 \& $4 \quad$ Step back on R. Lock step L over R. Step back on R.
56 Step forward on L. Turn 1/2 R stepping forward on R.
7 \& $8 \quad$ Step $L$ forward to $L$ diagonal. Step $R$ to $R$ side. Step $L$ back to centre.

## Section 4

Side Touch R, Step Together, Step Diagonal back L, Side, Forward, Mambo 1/2 Turn R, Hitch \& Clap, Turn 1/2 R, Hitch \& Clap, Side Step R.
12 Touch $R$ toe to $R$ side. Step $R$ in next to $L$.
3 \& $4 \quad$ Step back on $L$ to $L$ back diagonal. Step $R$ to $R$ side. Step $L$ forward to centre.
$5 \& 6 \quad$ Rock forward on R. Rock back on L. Turn 1/2 R stepping forward on R.
\& $7 \quad$ Hitch $L$ knee and clap. Turn $1 / 2 R$ stepping back on $L$.
\& $8 \quad$ Hitch up R knee and clap. Step R to R side.
Note - Section 3 counts $7 \& 8$ to section 4 counts $3 \& 4$ complete the shape of an hour glass.
Start Again Enjoy!

