Heart Body & Soul



Count: 32 Wall: 4 Level: Beginner

Choreographer: Yvonne Anderson (SCOTLAND), Ira Weisburd (USA) & Ruben Luna (USA)

2019 **Music:** Far To Go by Ronnie Beard



Genre: Country Line Dance

Introduction: 16 count instr., start on vocal @ approx. 11 sec.

*NO TAGS !! NO RESTARTS !!

PART I. (CROSS ROCK, RECOVER, L SIDE SHUFFLE; CROSS ROCK, RECOVER, R SIDE SHUFFLE)

1-2	Rock L across R, Recover weight on R
3&4	Step L to L, Step-close R beside L, Step L to L
5-6	Rock R across L, Recover weight on L

7&8 Step R to R, Step-close L beside R, Step R to R

PART II. (CROSS, SIDE, BEHIND, SWEEP, BEHIND, 1/4 L TURN, FORWARD, LOCK, STEP)

1-2	Step L across R, Step R to R
3-4	Step L Behind R, Sweep R out and around from front to back
5-6	Step R behind L, make 1/4 Turn L stepping L forward (9:00)
7&8	Step R forward, Step L behind R, Step R forward

PART III. (ROCK FORWARD, RECOVER, ROCK BACK, RECOVER; FORWARD, PIVOT 1/4 R, FORWARD, PIVOT 1/4 R)

1-2	Rock L forward, Recover weight on R
3-4	Rock L back, Recover weight on R
5-6	Step L forward, Pivot 1/4 Turn R (12:00)
7-8	Step L forward, Pivot 1/4 Turn R onto R (3:00)

PART IV. (CROSS, POINT, CROSS, POINT; CROSS, BACK, SIDE ROCK, RECOVER)

PART IV. (CROSS, POINT, CROSS, POINT, CROSS, BACK, SIDE ROCK, RECOVER)	
1-2	Step L across R, Point R toes to R
3-4	Step R across L, Point L toes to L (Note: Counts 1-4 travel forward)
5-6	Step L across R, Step R back
7-8	Rock L to L, Recover weight on R

REPEAT DANCE.

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